

quality of corals is the social high water mark. Many peasants have parted with their corals during the war, and replaced them in some cases by gaily-coloured but cheaper beads.

Despite the warning of the Portier our hotel bill, exclusive of meals, came to only 10s. English money—the rate of exchange was, of course, responsible for this. Tipping in Poland is arranged by a tax of 10 per cent. on the bill. If the system is to continue this method obviates much unpleasantness, and when leaving hotels, is much cheaper than our way of starting with the chambermaid and finishing with the lift boy.

(To be continued.)

TRUE TALE WITH A MORAL.

At a recent Socialist Conference, a nurse member said that the Labour Party had done nothing for the nursing profession in the matter of inquiring into their long hours and sweated pay. Another member observed, "Well, now they have a trade union of their own."

"No thanks to you," replied the nurse, "or to any other trade union, they have got it for themselves."

THE "ALLENBURY'S" DIET CHART.

We have received from Messrs. Allen & Hanburys, Ltd., 37, Lombard Street, London, E.C., the "Allenburys" Diet Chart, a convenient little booklet for "Instructions as to Diet," each leaf perforated, so that it can be torn out. On it is printed all the principal articles of diet likely to be ordered. Any not to be included in a patient's diet can then be crossed out, and anything underlined is to be regarded as an indication that it must be taken sparingly. Space is also left for "Extras and Remarks."

It is a most convenient chart, which takes up so little space that private nurses would be well advised to carry one with them. Messrs. Allen & Hanburys will be pleased to send one of these charts free of charge to any nurse on application.

COMING EVENTS.

January 17th.—Meeting Central Committee, 431, Oxford Street, London, W. 4.30 p.m. Note meeting is not at 429, Strand, W.C. as usual.

January 22nd.—Central Midwives Board, Monthly Meeting, 1, Queen Anne's Buildings, S.W.

January 23rd.—Thanksgiving Service on the Passing of the Nursing Acts, for Nurses and their Friends, at St. Martin's-in-the-Fields, Trafalgar Square, W. 7.15 p.m.

January 29th.—The Matrons' Council. Winter Meeting, 2, Portland Place, W. By kind invitation of Mrs. Walter Spencer. 3 p.m. Tea 4.30 p.m.

OUTSIDE THE GATES.

With the signing of the protocol at Paris on Saturday last, the Treaty of Versailles came into force, and peace between the Allies and Germany is restored.

His Majesty the King has sent the following message to the Lord Mayor of London:—

"In this memorable hour, when we are once again at peace with Germany, I gratefully thank the citizens of London for their loyal message. With all my heart I reciprocate their hopes, and I fervently pray that, please God, this day may be the dawn of an era in which the people of the British Empire may forever live at peace with themselves and all men.

GEORGE, R.I.

The Sex Disqualification Removal Bill, which will enable women to become barristers and solicitors, received the Royal Assent at the same time as the Nursing Acts, and the Benchers of Lincoln's Inn have already formally intimated their acceptance of the application of Mrs. Gwynnith Marjory Thomson for admission as a student of the Inn, with a view to her being called to the Bar.

Four women have since dined in the dining hall of the Middle Temple. They are the first women to be admitted as students of the Temple. From the time when Queen Elizabeth witnessed the first performance of Shakespeare's *Twelfth Night* in the hall of the Middle Temple, no woman had been allowed to remain in the hall during dinner.

On New Year's Day many friends and admirers of Mrs. Fawcett, presented her with a cheque, to mark the triumph of the Suffrage cause to which she has given the best years of her life. with the hope that it may be used entirely for her own comfort and pleasure. Mrs. Fawcett admits in a letter to her friends, that the wonderful present gave her a keen pang of pleasure, and adds, "I do bless and thank all the donors for their love which prompted it, and especially for all the strong backing they have given me in my work."

A WORD FOR THE WEEK.

Men come to Liberty's estate;

No birthright helps us here at need;

Each must be taught by stern probation

That they alone are free indeed

Who bind themselves to serve the nation.

Owen Seaman.

The best reward for work well done is to have more given you to do.

[previous page](#)

[next page](#)